

Your doctor has requested a urine test. In order to produce a meaningful laboratory test result, you **must** follow the instructions pertaining to your test.

- **TB/AFB x 3 days in a row:** Upon rising each morning, immediately collect urine in one of the "**TB**" containers provided.
  1. After each collection, write the **DATE** on the container and **refrigerate** it.
  2. Bring all 3 containers to the laboratory on the last day of collection.
  
- **C&S:** Upon rising (preferred collection time) or at any time during the day, collect urine in the **C&S** container provided.
  1. Lower undergarments. Wash and dry hands.
  2. Wash your urogenital area ("lower parts") with the towelette provided. Note: women are to wash from front to back only.
  3. Begin urinating into the toilet. Without stopping the flow of urine, place the container in the urine stream to collect some urine, and remove the container before the urine stops flowing.
  4. Place the lid tightly on the container, taking care not to touch the rim or the inside of the container with your fingers.
  5. Write the **TIME** of collection on the container and **refrigerate** it.
  6. Bring specimen to the laboratory **within one hour of collection**.