

Your doctor has requested the test(s) marked [✓]. Sputum is material brought up from the lungs after a deep cough. It is **not** saliva. In order to produce a meaningful laboratory test result, you **must** follow the instructions for the test(s) your doctor has requested.

**[ ] TB/AFB TEST x3 days in a row:**

1. Upon rising each morning, immediately collect sputum in one of the "TB" containers provided.
2. After each collection, write the **DATE of collection** on the container and place it in one of the bags provided and **refrigerate**.
3. Each plastic bag must contain only one specimen. Place any paperwork in the space provided on the outside of the bag.
4. Bring all 3 containers to the laboratory on the last day of collection.

**[ ] CYTOLOGY TEST x3 days in a row:**

1. Upon rising each morning, immediately collect all the sputum produced for **one hour** into one of the "CYTOLOGY" containers provided.
2. After each addition, screw the cap securely on the container and gently shake to mix the sputum with the preservative in the container.
3. After each collection, write the **DATE of collection** on the container and place it in one of the bags provided. The container can be kept at room temperature or refrigerated.
4. Each plastic bag must contain only one specimen. Place any paperwork in the space provided on the outside of the bag.
5. Bring all 3 containers to the laboratory on the last day of collection.

**[ ] C&S TEST:**

1. Upon rising or at any time, collect sputum in the "C&S" container provided.
2. After collection, write the **DATE of collection** on the container and place it in one of the bags provided and **refrigerate**.
3. Each plastic bag must contain only one specimen. Place any paperwork in the space provided on the outside of the bag.
4. Bring the container to the laboratory **within one hour of collection**.

**COLLECTION TIP:** When a combination of these tests is requested, collect daily specimens in the order given above.