



## DEXAMETHASONE (ADRENAL FUNCTION)

### *Patient Instructions*

1. You will be provided with a small bottle containing two pills
2. Take the pills home, and take them both just before you go to bed. (There are no adverse effects). **Important: Ensure that the lab is open the next morning**
3. The next morning (before 10:00am) return to the lab. (Eat your usual breakfast).
4. Bring a list of your current medications to the lab when you come for specimen collection
5. At this time a blood specimen will be taken for serum cortisol measurement.
6. If you have any questions, call 604 – 412 – 4495

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