

# Ontario Patient Assessment Panels

## Healthy Living Assessment Panel

<b>Hematology:</b>	Complete Blood Count (CBC)	Iron/Total Iron Binding Capacity (TIBC)
	Ferritin	
<b>Metabolic:</b>	Calcium (Serum)	Glucose
	Phosphorus	Hemoglobin A1c (HbA1c)
<b>Thyroid:</b>	Thyroid Stimulating Hormone (TSH)	
<b>Inflammatory/Cardiac:</b>	Fibrinogen	High-Sensitivity C-Reactive Protein (hs-CRP)
<b>Electrolytes:</b>	Potassium	Chloride
	Sodium	Bicarbonate (CO2)
<b>Liver:</b>	Albumin	Bilirubin (Direct)
	Alkaline Phosphatase (ALP)	Gamma Glutamyl Transpeptidase (GGT)
	Alanine Aminotransferase (ALT)	Lactate Dehydrogenase (LDH)
	Aspartate Amino Transferase (AST)	Protein (Total)
	Bilirubin (Total)	
<b>Renal:</b>	Creatinine	Uric Acid
	Blood Urea Nitrogen (BUN)	
<b>Lipids:</b>	Cholesterol	Low-Density Lipoprotein (LDL)
	High-Density Lipoprotein (HDL)	Triglycerides

## Enhanced Healthy Living Assessment Panel

Includes all of the tests in the Healthy Living Assessment Panel, plus those listed below.

<b>Hematology:</b>	Folate (Serum)	Vitamin B12
	Folate (RBC)	
<b>Metabolic:</b>	Fasting Insulin	Vitamin D
<b>Inflammatory/Cardiac:</b>	Erythrocyte Sedimentation Rate (ESR)	

## Nutrient Panel

Includes all tests in the Vitamin and Mineral Panels.

<b>Vitamin:</b>	Vitamin A	Vitamin C
	Vitamin B1	Vitamin D
	Vitamin B12	Vitamin E
	Vitamin B6	
<b>Mineral:</b>	Calcium (Ionized)	Magnesium
	Copper	Zinc

## Metabolic Panel (Fasting)

GGT	hs-CRP	Triglycerides
Glucose	Insulin	Sex Hormone Binding Globulin (SHBG)
HbA1c		

## Inflammation Panel

Albumin	ESR	Fibrinogen
CBC	Ferritin	hs-CRP

## Methylation Panel

Homocysteine	Folic Acid (serum)	Vitamin B12
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## Vitamin Panel

Vitamin A	Vitamin B6	Vitamin D
Vitamin B1	Vitamin C	Vitamin E
Vitamin B12		

## Mineral Panel

Calcium (Ionized)	Magnesium	Zinc
Copper		

## Hematology Panel

CBC + Differential	Folate (RBC)	Iron/TIBC
Ferritin	Folate (Serum)	Vitamin B12

## Lipids Panel (Fasting)

Cholesterol	LDL	Triglycerides
HDL		

## Thyroid Panel

Free Triiodothyronine (FT3)	TSH	Reverse T3
Free Thyroxine (FT4)	Thyroperoxidase Antibody (TPO)	Anti-Thyroglobulin

## Autoimmune Panel

Antinuclear Antibody (ANA)	Anti-TPO	Rheumatoid Factor
ANA Reflex (if Required)**	Anti-Thyroglobulin	Transglutaminase

## Female Hormone Panel

Cortisol AM	Follicular Stimulating Hormone (FSH)	Progesterone
Dehydroepiandrosterone Sulphate (DHEAS)	Luteinizing Hormone (LH)	Testosterone
Estradiol		

## Female Fertility Panel

Anti-Müllerian Hormone (AMH)	FT4	Prolactin (PRL)
Estradiol (E2)	LH	Total Testosterone
FSH	Progesterone	TSH
Free Testosterone		

## Men's Health Panel

Bioavailable Testosterone	LDL	PSA Ratio
Cholesterol	Prolactin	Triglycerides
HDL		

## Fatigue Panel

CBC	Iron/TIBC	TSH
Ferritin	Mono Spot	Vitamin B12
Folate (Serum)	Transferrin	

## Liver/Digestion Panel

ALT	Bilirubin (Direct)	GGT
AST	Bilirubin (Total)	LDH
ALP		

\* Panel savings are the total cost savings when compared to ordering tests individually.

\*\* To be billed separately



105 - 32 Royal Vista Drive NW, Calgary, AB T3R 0H9  
www.rmalab.com | 866.370.5227 | info@rmalab.com